

FOR IMMEDIATE RELEASE:

New Book Divulges Secrets of Survival for Ph.D. Students

***The Smart Way to Your Ph.D.: 200 Secrets from 100 Graduates* by Dora Farkas, Ph.D. offers tips and tricks for better financial aid, thesis research and career placement**

ARLINGTON, Mass. – According to *The Chronicle of Higher Education*, more than 40 percent of students in a Ph.D. program drop out before completing their studies. *The Smart Way to Your Ph.D.: 200 Secrets from 100 Graduates*, a new book by Dora Farkas, Ph.D., seeks to help students enrolled in doctoral programs navigate the difficult world of thesis research, financial aid, career placement and related topics that prevent many from reaching their ultimate goal.

“While I was pursuing my Ph.D., I realized that most graduate students struggled with the same types of issues that I did,” Farkas explains. “I wanted to create a resource guide that would help students keep their graduate studies on track, finish their theses and land their dream jobs.”

After completing her own doctoral studies, Farkas interviewed 100 people with Ph.D.s in 30 disciplines, ranging from the humanities to hard sciences. The result is a book that strives to guide students through the Ph.D. process chronologically, combining quotes and anecdotes from recent graduates with up-to-date online resources for additional information.

Designed to show students how to be more efficient without having to work longer hours, the book features numerous time-saving tips. Readers will encounter 10 elements of successful thesis proposals, 12 easy ways to beat worrying and the top 14 job-searching strategies. Overall, the book features more than 200 recommendations that focus on increasing productivity while maintaining a healthy personal life.

For more information or to request a free review copy, members of the press can contact the author at dora@yourphd.com. *The Smart Way to Your Ph.D.: 200 Secrets from 100 Graduates* is available for sale online at Amazon.com, BookSurge.com and through additional wholesale and retail channels worldwide.

About the Author

Dora Farkas, Ph.D., completed both her bachelor's degree in chemical engineering and her Ph.D. in toxicology at the Massachusetts Institute of Technology. After earning her Ph.D. she worked as a postdoctoral fellow in the Department of Pharmacology and Experimental Therapeutics at Tufts University in Boston. She is the founder of Your Ph.D. Consulting and publisher of “Your Ph.D. Newsletter,” available to all students and faculty through www.yourphd.com.

MEDIA CONTACT:

Dora Farkas, Ph.D.

Phone: (781) 316-2930

E-mail: dora@yourphd.com

Web: www.yourphd.com

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